

FREE training available through Bucks CAMHS

We are now offering training in the following topics

16 th May 2019 9.30-12.30pm	Green Park Centre Aston Clinton, HP22 5NE	Supporting young people with an Attachment issues
17 th May 2019 9.30-12.30pm	Whiteleaf Centre Aylesbury, HP20 1EG	Supporting young people with Separation Anxiety Disorder
24 th May 2019 9.30-12.30pm	Green Park Aston Clinton, HP22 5NE	Supporting young people with PTSD
7 th June 2019 9.30-12.30pm	Whiteleaf Centre Aylesbury, HP20 1EG	Supporting young people with ASD and mental health.

These PPEP (Psychological Perspectives in Education and Primary) Care sessions have been designed to help staff in primary care and education to recognise and understand mental health difficulties in children and young people and offer appropriate support and guidance to children, young people and their families.

Supporting young people with Attachment issues. (NOT PPEP) *Gives an overview of attachment theory and the importance of early intervention to prevent the development of mental health difficulties.*

Supporting young people with Separation Anxiety Disorder. This training explores what SAD is and how it may present. Three key steps for overcoming SAD are explored.

Supporting young people with post-traumatic stress disorder (PTSD). *To increase awareness of PTSD - including how it may present and what might keep it going.*

Supporting young people with ASD and mental health. *This training looks at recognising and describing the way mental health problems develop and present in children and adolescents with Autism.*

How to book. If you would like to attend any of the above sessions or are interested in other PPEP modules (refer to attached PPEP information flyer) please complete the attached booking form and email to trainingatbucksCAMHS@oxfordhealth.nhs.uk